

ITF TAEKWON-DO

WORLD CHAMPIONSHIPS

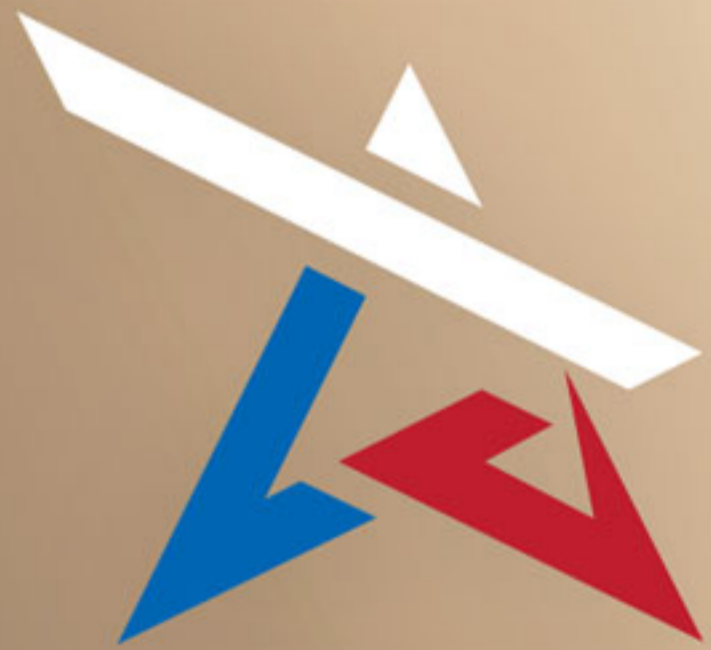
MARCH 14TH THRU 16TH - 2025

RENO, NEVADA



TEAM USA

SELECTION EVENT



USA

Ready to compete on the global stage? Join us in Reno for the ITF Taekwon-Do World Championships Qualifier Competition! This event is your gateway to the World Championships, offering a challenging day of competition in breaking, patterns, sparring, and specialty breaking. Show your skills, build camaraderie, and earn your spot on the USA Team bound for Barcelona, Spain.



**PUSH YOUR LIMITS AND SEIZE THE OPPORTUNITY
TO BECOME A WORLD CHAMPION!**

TEAM USA SELECTION EVENT



Get ready to take your Taekwon-Do journey to the next level! We are thrilled to invite you to the Team USA selection event for the 2025 ITF Taekwon-Do World Championships in Barcelona, Spain. This is your chance to compete with the best, prove your skills, and earn your spot on the USA team. Don't miss this incredible opportunity to represent your country on the world stage! Come showcase your talent and dedication, and get ready for an unforgettable experience as you aim for greatness!

TOURNAMENT DATE:

Friday, March 14th, 2025
Competitor Weigh-Ins & Check-In
(3:00pm-6:00pm)

Saturday, March 15th, 2025
Tournament Competition
(9:00am-6:00pm)

Sunday, March 16th, 2025
Team Training
(10:00am-1:00pm)

INDIVIDUAL & TEAM EVENTS:

Patterns
Sparring
Power Breaking
Specialty Breaking

COMPETITION VENUE:

RORN Collective
9475 Double R Blvd. Suite #23
Reno, NV 89521

REGISTRATION FEE:

Team Selection Competition Event **\$350**
Team USA administrative fee per athlete

The students/athletes will be responsible for a team administrative fee per athlete. The team fee will be allocated by the USA Tournament Committee at its discretion to cover inherent costs for Team USA coaches and referees. This fee does not cover any travel, hotel, tournament registration, apparel, warm-ups, or other costs associated with the event for the athlete.

TEAM USA SPONSOR



RORN APPAREL



ONLINE REGISTRATION:

RORNCOLLECTIVE.COM/TEAMUSA



For Team USA consideration, only students/athletes that have met the long-stated requirement of attending at LEAST 2 official "Team USA Trainings" over the course of the last few years will be placed into the Qualifier section. No exceptions will be made for this. Attendance in the Qualifier section will ensure that you are part of the final pool of students/athletes from which we will select our overall representatives in various divisions, as well as the 6-man/woman teams (Men, Women, Jr. Boys and Jr. Girls). **Participation in the Qualifier Event does not guarantee any student/athlete a roster spot on Team USA****

Selection for Team USA roster will be conducted based on competition performance during the Qualifier tournament/event, overall body of work (attendance at official trainings, progress as an athlete/student, other competition experience/results, and ability to allot time/financial expense that is required for travel to the World Championships).

If you have NOT yet met the requirement of attendance at 2 official Team USA trainings, there are a few remaining between now and the Qualifier Weekend. Please see the Team USA Facebook group page for details. Once you have met the attendance requirement, you may also consider this packet as your official invitation to the Qualifier Weekend. More details and information regarding requirement and selection will also be posted on the Facebook group page.

As for travel, please plan to arrive no later than Friday afternoon, as there will be an official weigh-in and final registration conducted that evening. The Qualifier Event will take place all day Saturday, and Sunday will be our first official Team USA meeting and training. Arrangements for return travel should be made for as late in the day as possible on Sunday, as attendance for this day is **mandatory**.

The meeting and training to take place on Sunday will be the first with the selected and finalized team to represent the United States. **Please NOTE:** This training and meeting is not part of or connected to the "official trainings" that athletes are attending to meet their minimum "2 attended trainings" requirement. It is independent of those trainings.

The students/athletes ultimately selected for a roster spot on Team USA (individually) will be responsible for a \$250 team administrative fee per athlete. The team fee will be allocated by the USA Tournament Committee at its discretion to cover inherent costs for Team USA. This fee does not cover any travel, hotel, tournament registration, or other costs associated with the event for the athlete. Everyone will need to have this fee paid by April 1st, 2025.

We look forward to seeing you all soon at upcoming trainings and the Team USA Qualifier Event.

RULES PER ITF REGULATIONS:

ITF Patterns Only. Single elimination. Black belts must perform one designated pattern and one optional pattern. Winner determined by a flag system.

Tournament Host: Ash Parr, V Dan

Tournament Director: Master Gordon Jue, VIII Dan

Umpire Director: Master Terence Geoghegan, VIII Dan

ITF Sparring Rules and Regulations: Black Belt Final Rounds: 2-2 minute rounds with 1 minute between the rounds.

Mandatory sparring gear: Headgear, Gloves, Boots and Mouthpiece. All males, regardless of age, must wear a groin cup.

Power Breaking: as per the Current ITF Rules and Regulations.

Specialty Breaking: as per the Current ITF Rules and Regulations.

The Tournament Committee reserves the right to make any changes it deems necessary to be able to provide the safest and best quality experience for the athletes.



POWER BREAKING COMPETITION (Only Gold Medal awarded)

(Most points accumulated from the following techniques). Two points for each board broken and 1 point for a cracked board. The tournament committee will set the board amounts for each technique in each division. Only Gold Medal will be awarded in Power Breaking.

Sr Black Belts 36 years of age and over

Male

Side kick
Turn kick
Reverse turn kick
Knife hand strike
Punch

Female

Side kick
Turn kick
Knife hand strike

Adult Black Belts 18-35 years of age

Male

Side kick
Turn kick
Reverse turn kick
Knife hand strike
Punch

Female

Side kick
Turn kick
Knife hand strike

Jr. Black Belts 14-17 years of age

Males

Side kick
Turn kick
Knife hand strike

Females

Side kick
Turn kick
Knife hand strike

Pre Jr. Black Belt 10-13 years of age

Males

Side kick
Turn kick
Knife hand strike

Females

Side kick
Turn kick
Knife hand strike

SPECIALTY BREAKING (Only Gold Medal awarded)

Two points for broken board and 1 point for a touched board. The tournament committee will set the board heights for each technique in each division. Only Gold Medal will be awarded in Specialty Breaking.

Black belt men and women ages 18 and over do all 5 breaks (separated by gender)

Jr. black belts ages 14-17 do all 5 breaks (separated by gender)

Pre Jr. Black Belts ages 10-13 do all 5 breaks (separated by gender)

Jumping high kick
360 back kick
180 reverse turn kick
Flying long kick
Jump turn kick

BLACK BELT PATTERN

Black Belts will do 2 patterns, one designated pattern and one pattern of their choice for their belt rank.

Pre Jr.-Black Belts 13 years & under (male & female combined)

1st Degree
2nd Degree

Jr. Black Belts 14-17 years old (separated by gender)

1st degree
2nd degree
3rd degree

Adult Black Belts 18-35 years of age (separated by gender)

1st Degree
2nd Degree
3rd Degree
4th Degree
5th Degree
6th Degree

Sr Black Belts 36 years & older (separated by gender)

1st Degree
2nd Degree
3rd Degree
4th Degree
5th Degree
6th Degree

1st degree will compete with 1st degree with the designated pattern from Choong-Moo to Ge-Baek and one optional between Kwang-Gae to Ge-Baek.

2nd degree will compete with 2nd degree with the designated patterns from Ge-Baek to Ko-Dang and one optional between Eui-An to Ko-Dang.

3rd degree will compete with 3rd degree with the designated patterns from Ko-Dang to Choi-Yong and optional between San-II to Choi-Yong.

4th degree will compete with 4th degree with the designated patterns from Choi-Yong to Moon-moo and one optional between Yong-Gae to Moon-Moo.

5th degree will compete with 5th degree with the designated patterns from Moon-Moo to Se-Jong and one optional between So-San to Se-Jong.

6th degree will compete with 6th degree with the designated patterns from Se-Jong to Tong-il and the optional from So-San to Tong-il.

BLACK BELT SPARRING

Divisions will be divided into light, middle, and heavy weight and divided by age and gender. Competition will be two 2-minute rounds with a 1-minute break between rounds.

| | MICRO | LIGHT | WELTER | MIDDLE | HEAVY | HYPER |
|--------------------------|-------|-------|--------|--------|-------|-------|
| Senior Over 36 Yrs | | | | | | |
| Male | -58Kg | -64Kg | -70Kg | -76Kg | -82Kg | 82Kg+ |
| Female | -50Kg | -55Kg | -60Kg | -65Kg | -70Kg | 70Kg+ |
| Adult 18-35 Yrs | | | | | | |
| Male | -58Kg | -64Kg | -70Kg | -76Kg | -82Kg | 82Kg+ |
| Female | -50Kg | -55Kg | -60Kg | -65Kg | -70Kg | 70Kg+ |
| Junior 14-15 & 16-17 Yrs | | | | | | |
| Male | -50Kg | -55Kg | -60Kg | -65Kg | -70Kg | 70Kg+ |
| Female | -45Kg | -50Kg | -55Kg | -60Kg | -65Kg | 65Kg+ |
| Pre-Junior 12-13 Yrs | | | | | | |
| Male | -40Kg | -45Kg | -50Kg | -55Kg | -60Kg | 60Kg+ |
| Female | -35Kg | -40Kg | -45Kg | -50Kg | -55Kg | 55Kg+ |